



# My Troubles and Other Stories





# Are you a **SMART CONSUMER?**

Do you think you know the answers to all the questions given below? If not, don't worry. Read the stories in this book and become a smart consumer today!

**1. What is the full form of BIS?**

- a. Bureau of Indian Standards
- b. Book of Indian Stories
- c. Bicycle's International Studio

**2. True or false: An ISI mark is mandatory for toys meant for kids under 14.**

- a. True     b. False

**3. What does hallmark signify?**

- a. The shine of gold
- b. The weight of gold
- c. The purity of gold

**4. What does the hallmark symbol contain?**

- a. 3 alphabets and 5 numbers
- b. A BIS standard mark, purity of gold in carat & fineness, a 6-digit alphanumeric HUID code
- c. The name of the gold brand

**5. Yes or no: Can an energy drink make up for a day's balanced diet?**

- a. Yes     b. No

**6. Which one of the following is the best way to get energy and stay healthy?**

- a. Eat a well-balanced diet.
- b. Watch TV daily.
- c. Avoid all physical exercises.

**7. What is the full form of MRP?**

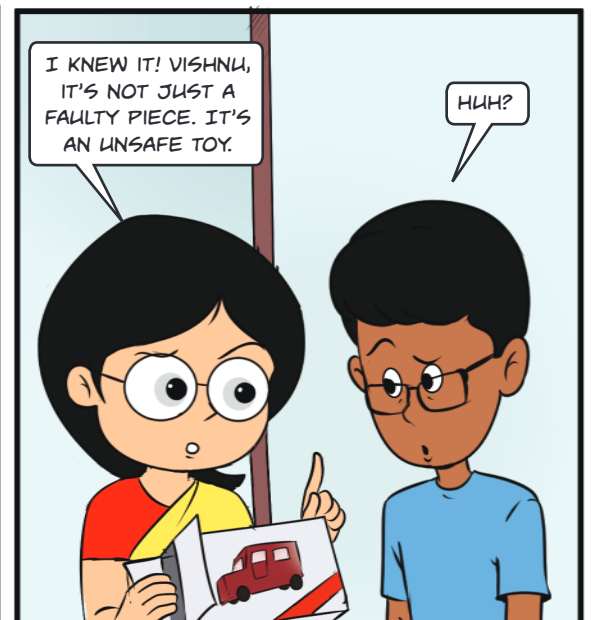
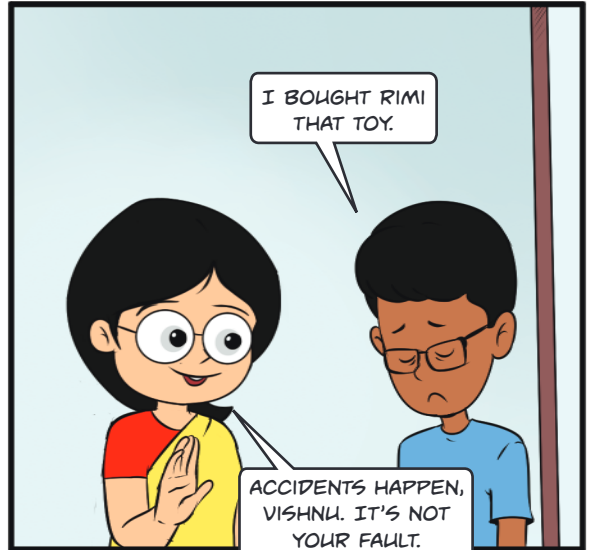
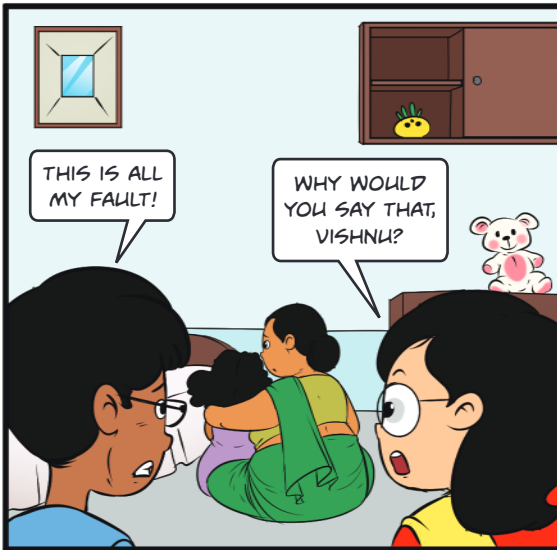
- a. Mutual Return Price
- b. Maximum Retail Price
- c. Minimum Return Payment

**8. Why should we avoid consuming food items after their "use by" date?**

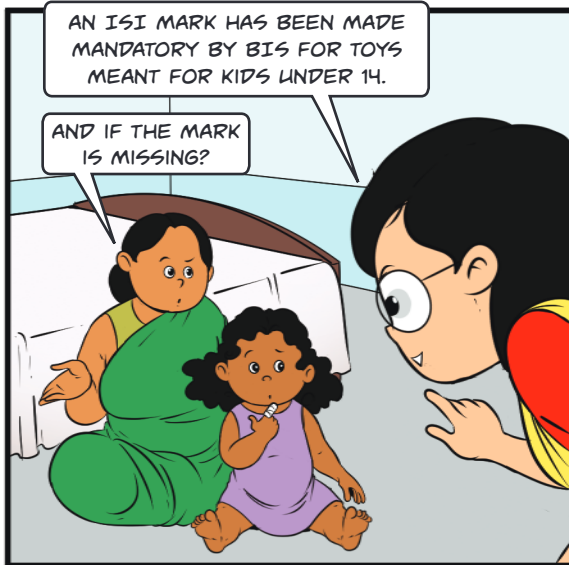
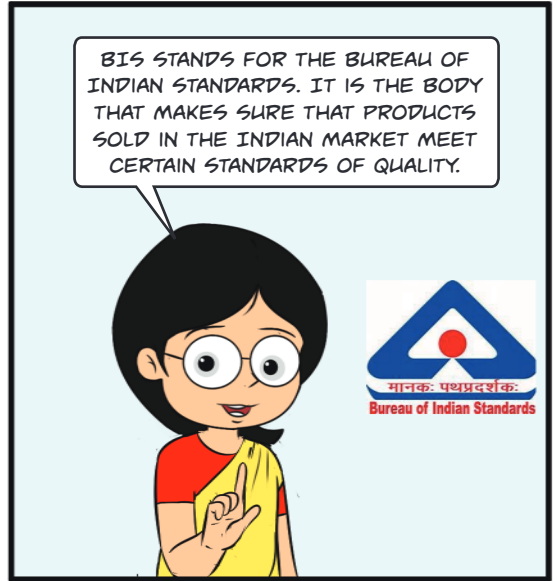
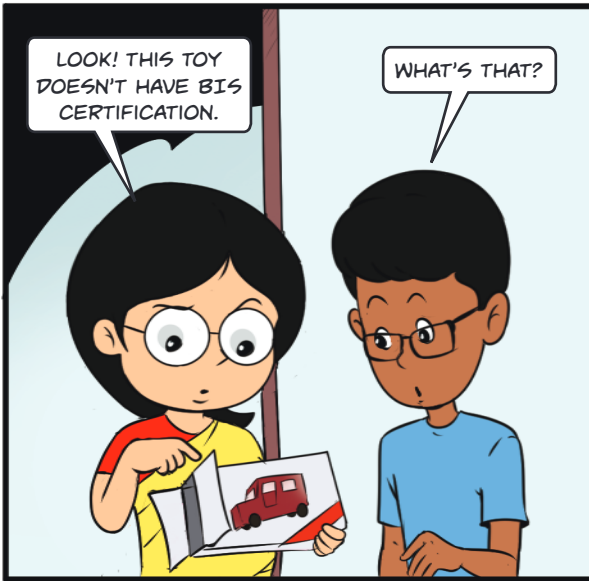
- a. They might not taste good.
- b. They become unsafe for use.
- c. They are expensive.

# TOY TROUBLES





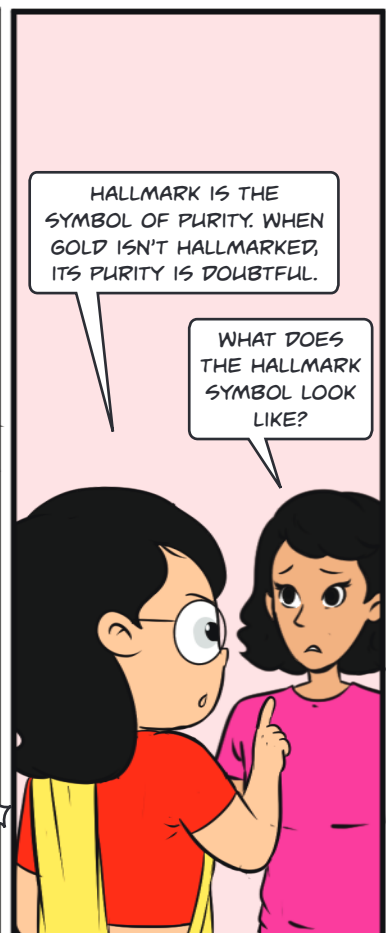
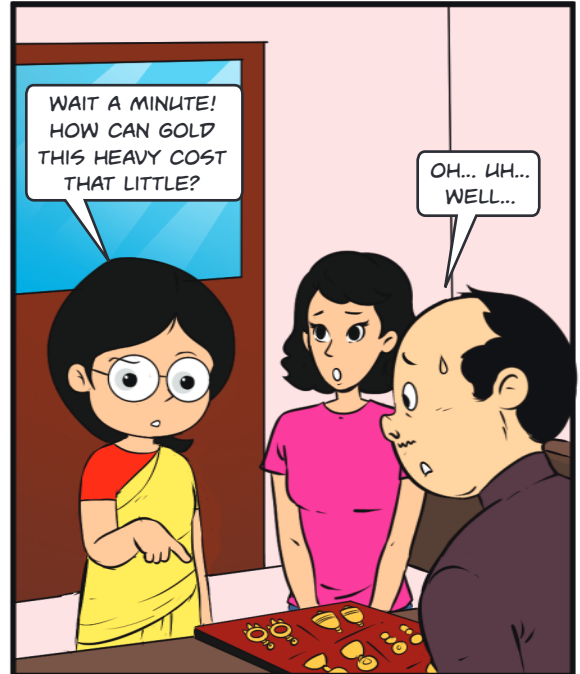
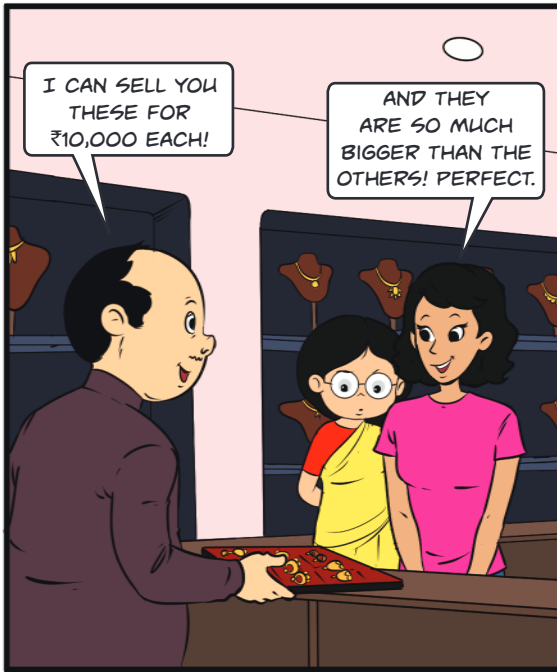




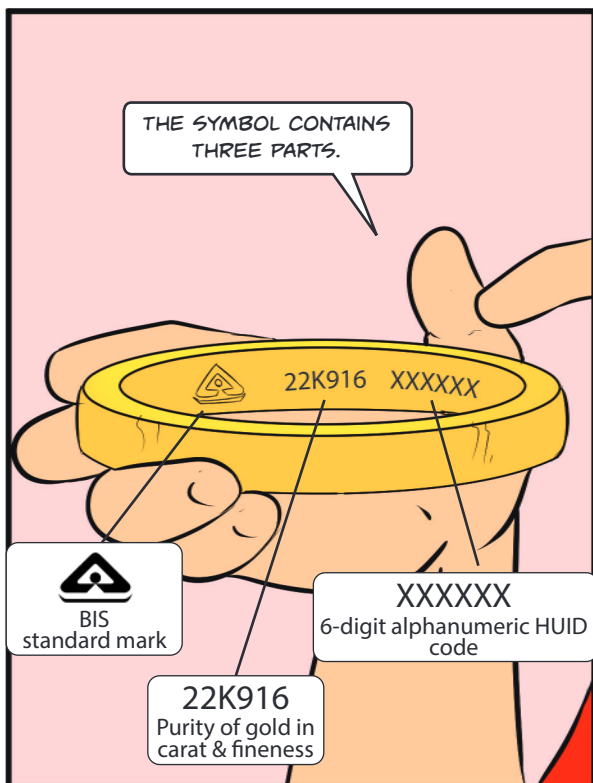


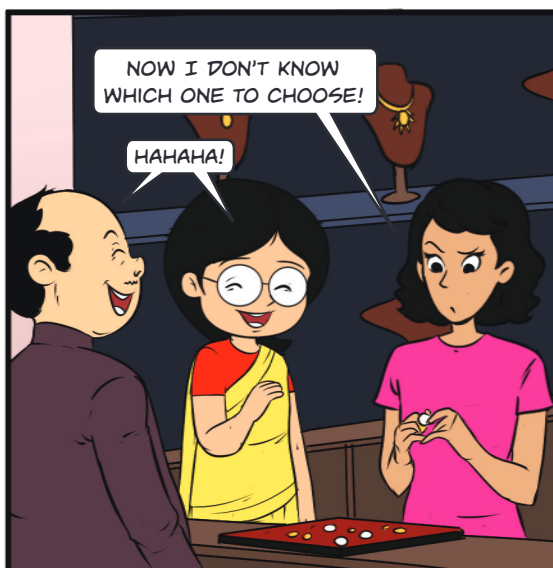
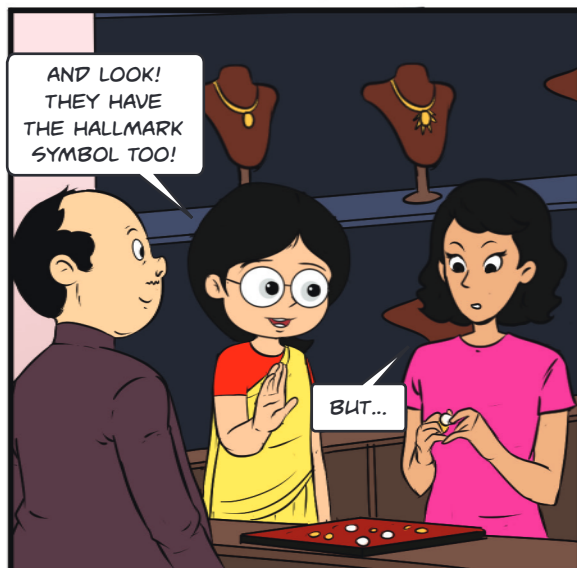
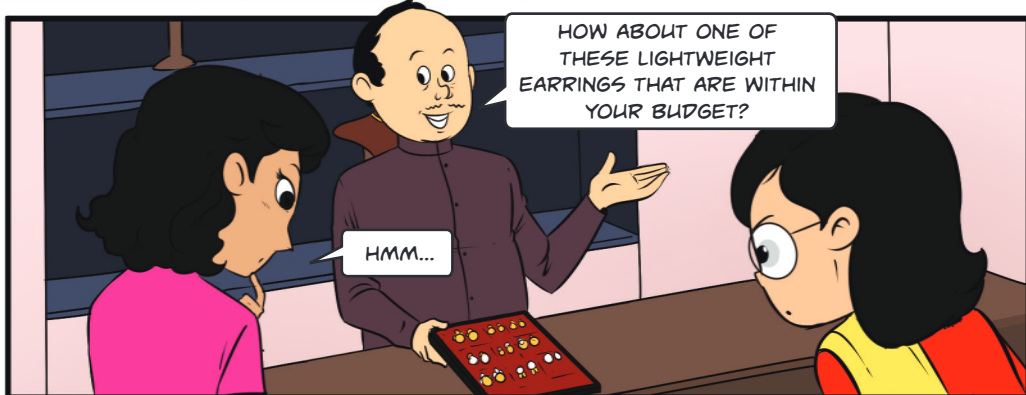
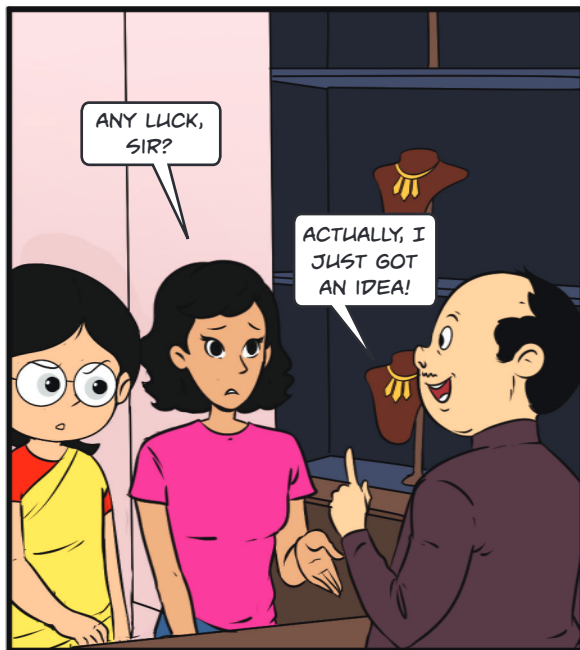
# PRECIOUS PREDICAMENT





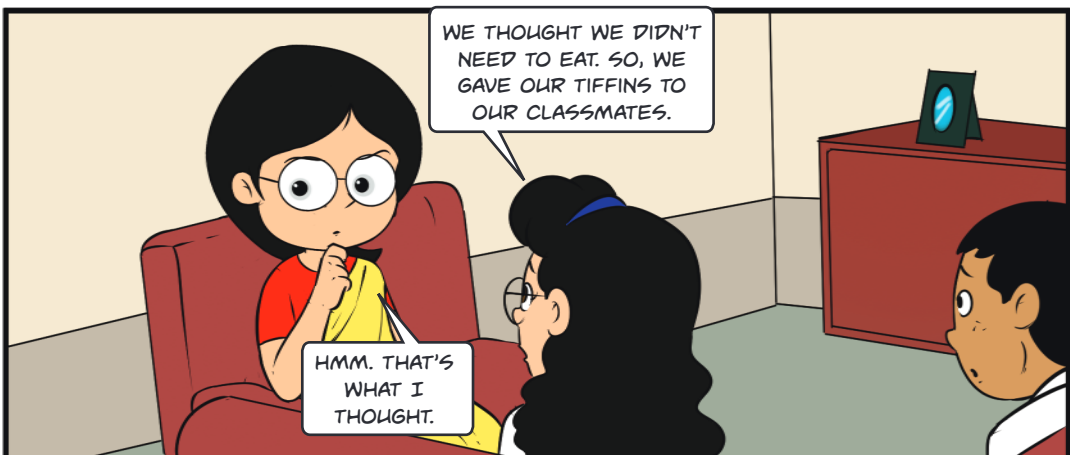
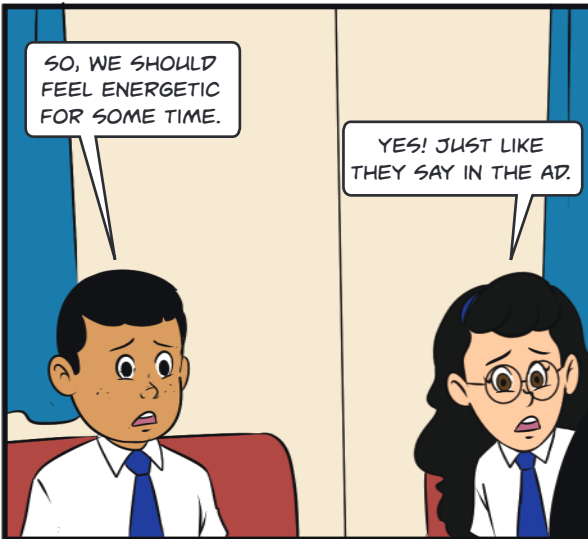




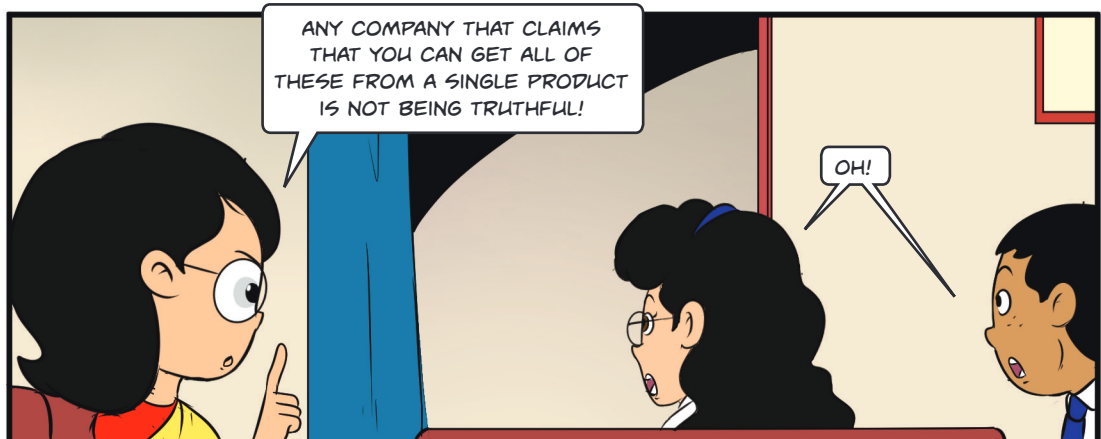
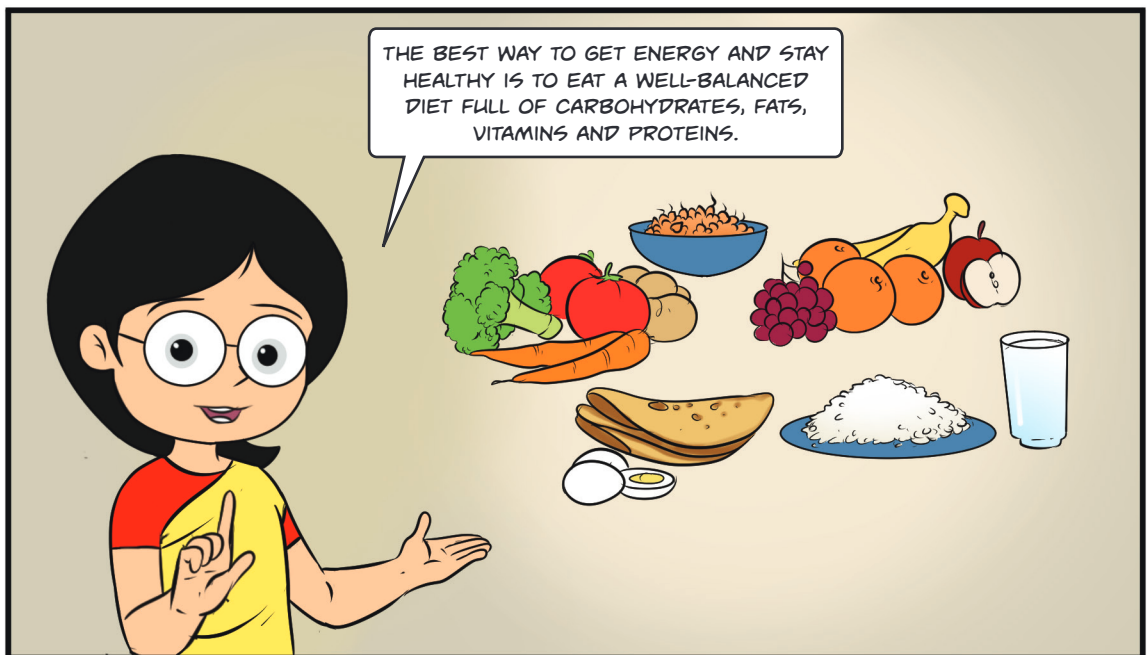
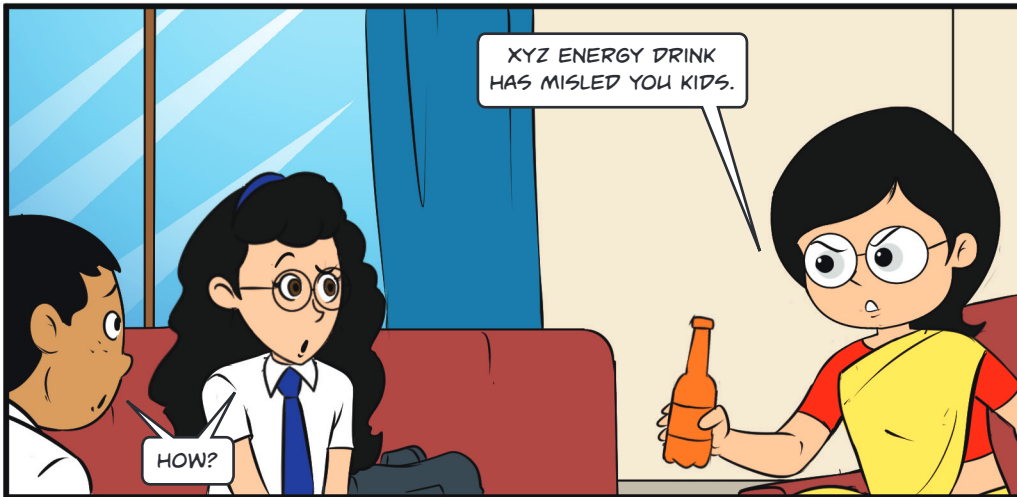


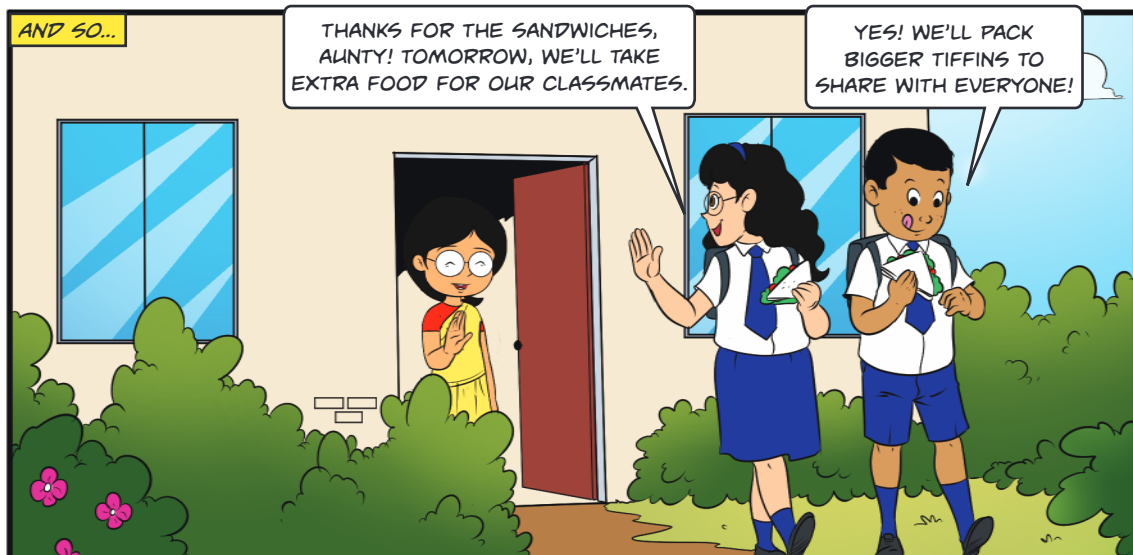
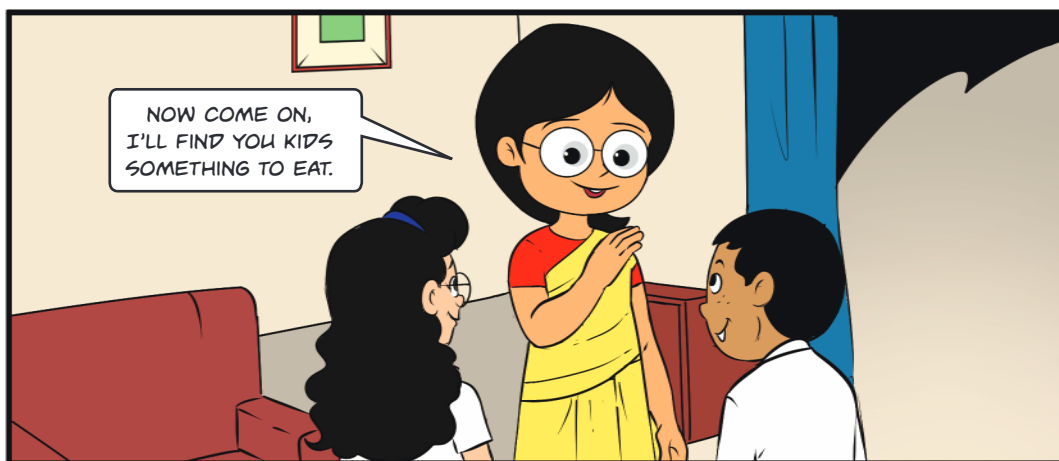
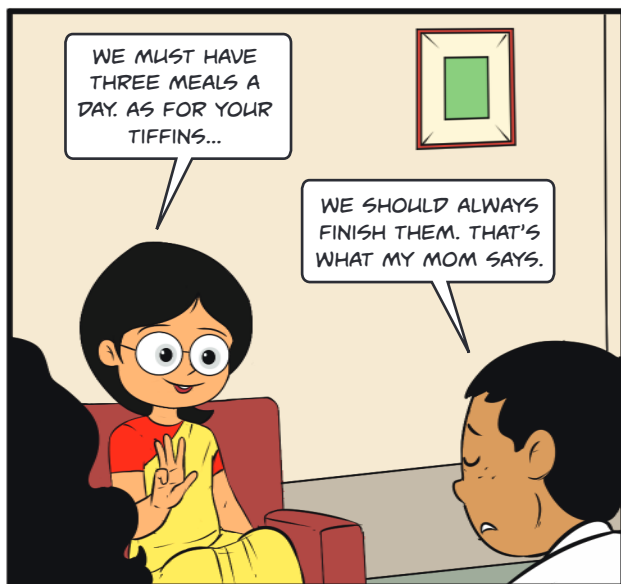
# TIRING TRAVAILS





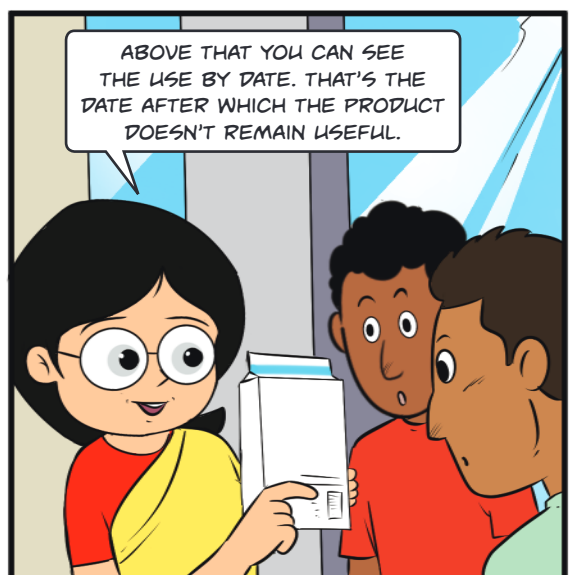
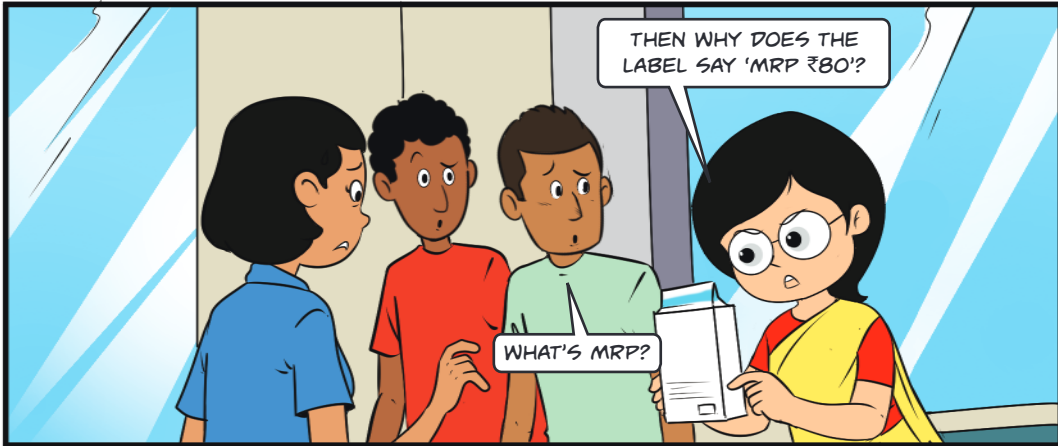
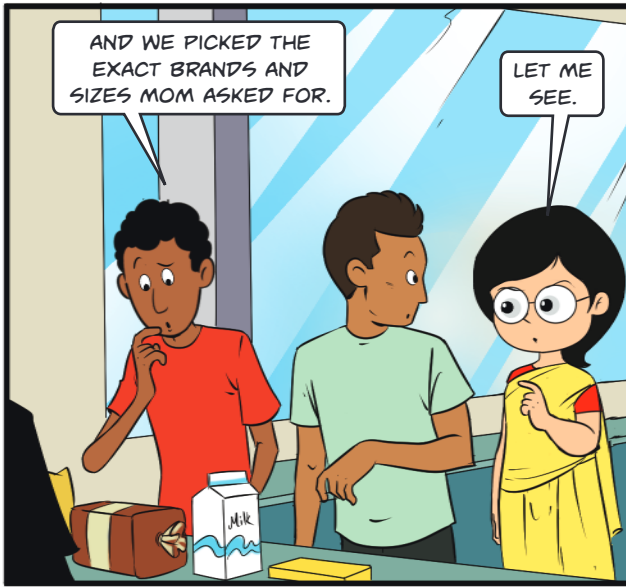




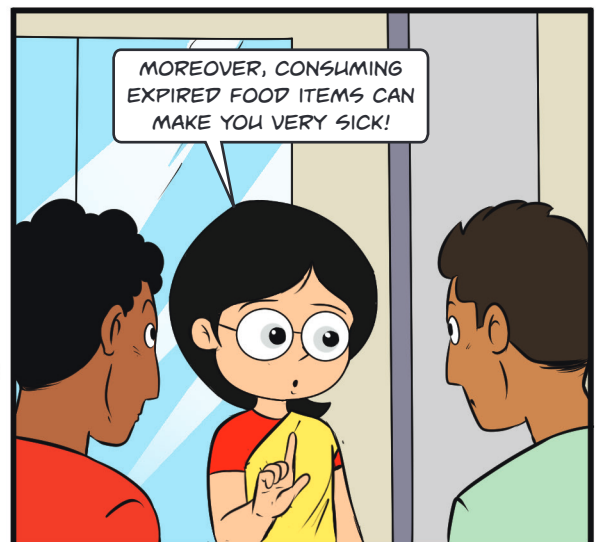


# LABEL LESSONS













उपभोक्ता मामले विभाग  
DEPARTMENT OF  
CONSUMER AFFAIRS

JAGO  
GRAHAK  
JAGO



**Be Strong, Be Sharp  
Eat Healthy, Eat Chana**



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DEPARTMENT OF  
CONSUMER AFFAIRS



## Read Labels and Make Informed Choices



**Always check for these details:**

₹ **Maximum Retail Price & Unit Sale Price**

📅 **Use By Date & Best Before Date**

⚖️ **Net Quantity**

🏢 **Name & Address of Manufacturer**

☎️ **Customer Care Number & Details**



**TINKLE**